



Arctic - Sizing

Use the table below as a guide to help select which Arctic best suits your body type.

Sizes	Height		Chest		Waist	
	Inches	Cm	Inches	Cm	Inches	Cm
Small	5'5"-5'8"	166-174	34-38"	86-96	26-28"	66-71
Medium-Short	5'7"-5'10"	171-179	Legs Only	Legs Only	30-32"	76-81
Medium	5'9"-6'0"	176-183	38-42"	96-106	30-32"	76-81
Large-Short	5'8"-5'11"	172-180	Legs Only	Legs Only	34-36"	86-91
Large	5'11"-6'2"	180-188	42-46"	106-116	34-36"	86-91
X-Large-Short	5'10"-6'1"	177-185	Legs Only	Legs Only	38-40"	96-101.5
X-Large	6'1"-6'4"	185-193	46-50"	116-127	38-40"	96-101.5
XX-Large-Short	5'10"-6'1"	177-186	Legs Only	Legs Only	42-44"	106.5-112
XX-Large	6'3"-6'6"	190-198	50-54"	127-137	42-44"	106.5-112
XXX-Large-Short	6'1"-6'4"	185-193	Legs Only	137-147	46-48"	117-122
XXX-Large	6'5"-6'8"	195-202	54-58"	137-147	46-48"	117-122

Sizes	Height		Chest		Waist		Hips	
	Inches	Cm	Inches	Cm	Inches	Cm	Inches	Cm
6	5'3"-5'6"	160-168	30-32"	76-81	22-24"	56-61	33-35"	84-89
8-10 XShort	5'2"-5'5"	157.5-165.5	Legs Only	Legs Only	24-26"	61-66	34-36"	86-91.5
8-10	5'3"-	160-	Legs	Legs	24-	61-	34-	86-

Short	5'6"	167.5	Only	Only	26"	66	36"	91.5
8-10	5'4"- 5'7"	162.5 -170	31- 33"	79-84	24- 26"	61- 66	34- 36"	86- 91.5
10-12 XShort	5'3"- 5'6"	160- 167.5	Legs Only	Legs Only	26- 28"	66- 71	35- 37"	89-94
10-12 Short	5'4"- 5'7"	162.5 -170	Legs Only	Legs Only	26- 28"	66- 71	35- 37"	89-94
10-12	5'5"- 5'8"	165- 173	32- 34"	81-86	26- 28"	66- 71	35- 37"	89-94
12-14 Short	5'5"- 5'8"	165- 173	Legs Only	Legs Only	28- 30"	71- 76	36- 38"	91.5- 96.5
12-14	5'6"- 5'9"	167.5 -175	34- 36"	86- 91.5	28- 30"	71- 76	36- 38"	91.5- 96.5
14-16 Short	5'6"- 5'9"	167.5 -175	Legs Only	Legs Only	29- 31"	73.5 -79	38- 40"	96.5- 101.5
14-16	5'7"- 5'10"	170- 178	36- 38"	91.5- 96.5	29- 31"	73.5 -79	38- 40"	96.5- 101.5
16-18 Short	5'7"- 5'10"	170- 178	Legs Only	Legs Only	31- 33"	79- 84	40- 42"	101.5 - 106.5
16-18	5'8"- 5'11"	172.5 -180	38- 40"	96.5- 101.5	31- 33"	79- 84	40- 42"	101.5 - 106.5
18-20 Short	5'7"- 5'10"	172.5 -180	Legs Only	Legs Only	33- 35"	84- 89	42- 44"	106.5 -112
18-20	5'8"- 5'11"	172.5 -180	40- 42"	101.5 - 106.5	33- 35"	84- 89	42- 44"	106.5 -112
20-22	5'8"- 5'11"	172.5 -180	42- 44"	107- 112	33- 37"	89- 94	44- 46"	112- 117

International Size Comparison Guide

UK	USA	France	Germany	Italy
6-8	4-6	34	32	38
8-10	6-8	36	34	40
10-12	8-10	38	36	42
12-14	10-12	40	38	44
14-16	12-14	42	40	46
16-18	14-16	44	42	48
18-20	16-18	46	44	50
20-22	18-20	48	46	52