



Arctic – Sizing Mens size chart

| Sizes | Chest | | Waist | | Inside leg | |
|-----------------|-----------|-----------|--------|---------|------------|-------|
| | Inches | Cm | Inches | Cm | Inches | Cm |
| Small | 34-38" | 86-96 | 26-28" | 66-71 | 28-30" | 71-76 |
| Medium-Short | Legs Only | Legs Only | 30-32" | 76-81 | 28-30" | 71-76 |
| Medium | 38-42" | 96-106 | 30-32" | 76-81 | 30-32" | 76-81 |
| Large-Short | Legs Only | Legs Only | 34-36" | 86-91 | 30-32" | 76-81 |
| Large | 42-46" | 106-116 | 34-36" | 86-91 | 32-34" | 81-86 |
| X-Large-Short | Legs Only | Legs Only | 38-42" | 96-106 | 30-32" | 76-81 |
| X-Large | 46-50" | 116-127 | 38-42" | 96-106 | 32-34" | 81-86 |
| XX-Large-Short | Legs Only | Legs Only | 42-46" | 106-116 | 30-32" | 76-81 |
| XX-Large | 50-54" | 127-137 | 42-46" | 106-116 | 34-36" | 86-91 |
| XXX-Large-Short | 54-58" | 137-147 | 46-50" | 117-127 | 34-36" | 86-91 |
| XXX-Large | 54-58" | 137-147 | 46-50" | 117-127 | 36-38" | 91-96 |

womens size chart

| Sizes | Height | | Chest | | Waist | | Hips | |
|-------------|-----------|-----------|-----------|-----------|--------|---------|--------|------------|
| | Inches | Cm | Inches | Cm | Inches | Cm | Inches | Cm |
| 8-10 Short | 5'3"-5'6" | 160-167.5 | Legs Only | Legs Only | 24-26" | 61-66 | 34-36" | 86-91.5 |
| 8-10 | 5'4"-5'7" | 162.5-170 | 31-33" | 79-84 | 24-26" | 61-66 | 34-36" | 86-91.5 |
| 10-12 Short | 5'4"-5'7" | 162.5-170 | Legs Only | Legs Only | 26-28" | 66-71 | 35-37" | 89-94 |
| 10-12 | 5'5"-5'8" | 165-173 | 32-34" | 81-86 | 26-28" | 66-71 | 35-37" | 89-94 |
| 12-14 Short | 5'5"-5'8" | 165-173 | Legs Only | Legs Only | 28-30" | 71-76 | 36-38" | 91.5-96.5 |
| 12-14 | 5'6"-5'9" | 167.5-175 | 34-36" | 86-91.5 | 28-30" | 71-76 | 36-38" | 91.5-96.5 |
| 14-16 Short | 5'6"-5'9" | 167.5-175 | Legs Only | Legs Only | 29-31" | 73.5-79 | 38-40" | 96.5-101.5 |

| | | | | | | | | |
|-------------|------------|-----------|-----------|-------------|--------|---------|--------|-------------|
| 14-16 | 5'7"-5'10" | 170-178 | 36-38" | 91.5-96.5 | 29-31" | 73.5-79 | 38-40" | 96.5-101.5 |
| 16-18 Short | 5'7"-5'10" | 170-178 | Legs Only | Legs Only | 31-33" | 79-84 | 40-42" | 101.5-106.5 |
| 16-18 | 5'8"-5'11" | 172.5-180 | 38-40" | 96.5-101.5 | 31-33" | 79-84 | 40-42" | 101.5-106.5 |
| 18-20 Short | 5'7"-5'10" | 172.5-180 | Legs Only | Legs Only | 33-35" | 84-89 | 42-44" | 106.5-112 |
| 18-20 | 5'8"-5'11" | 172.5-180 | 40-42" | 101.5-106.5 | 33-35" | 84-89 | 42-44" | 106.5-112 |

EU Size Comparison Guide

UK USA France Germany Italy

| | | | | |
|-------|-------|----|----|----|
| 8/10 | 6/8 | 36 | 34 | 40 |
| 10/12 | 8/10 | 38 | 36 | 42 |
| 12/14 | 10/12 | 40 | 38 | 44 |
| 14/16 | 12/14 | 42 | 40 | 46 |
| 16/18 | 14/16 | 44 | 42 | 48 |
| 18/20 | 16/18 | 46 | 44 | 50 |